

**FOR IMMEDIATE RELEASE:**

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**Heidi Duckler Dance  
Presents  
Move Me  
Workshops + Performance**



HDD dancers Rafael Quintas, Nicole Flores, and Alyse Rockett

LOS ANGELES (July 7, 2020) – Los Angeles-based dance company Heidi Duckler Dance (HDD) presents five days of Move Me workshops with Culver City High School July 20th-24th, culminating in a final student performance + professional HDD performance on Friday July 24th.

Move Me is a performance that was originally created for our company's 2002 yellow Mustang convertible, used as a performance site and educational platform designed to foster encounters between artists and audiences in public spaces. The vehicle prompts dancers and community members to explore narratives about mobility from different cultural perspectives and perform stories about living in their own neighborhood. Furthermore, Heidi Duckler Dance explores the

theme of mobility through movement and placemaking, as it relates to immigration, refugees, those experiencing homelessness, and those that are differently abled. No longer slated for an in-person performance, HDD has adapted this creation and performance experience to the online space.

Students from The Academy of Visual and Performing Arts at Culver City High School will take five days of movement and expression workshops with Heidi Duckler Dance Teaching Artist Rafael Quintas via Zoom. No dance experience is necessary to participate! At the end of the week, students will have created an original performance video showcased at this virtual final performance + talkback with the public. In addition to the student performance, viewers will get a chance to watch a recording of the original Move Me piece performed by company dancers Nicole Flores, Alyse Rockett, and Rafael Quintas.

*This project is made possible in part by the City of Culver City and its Cultural Affairs Commission, with support from Sony Pictures Entertainment and the Culver City Arts Foundation.*

**Tickets:** Free with RSVP

**RSVP at:** [movemecc.eventbrite.com](https://movemecc.eventbrite.com)

**Media Information:**

For questions please contact Heidi Duckler at [heidi@heidicukler.org](mailto:heidi@heidicukler.org). High-resolution photos provided upon request.

**Details for Calendar Listings:**

What: Move Me Workshops + Performance

Who: Heidi Duckler Dance

When: **Workshops:** Monday July 20th - Friday July 24th. **Performance:** Friday July 24th at 5pm PDT

Where: Zoom

*Heidi Duckler Dance creates place-based performances that transform non-traditional spaces, providing learning opportunities and engaging diverse communities, in the belief that the arts can change our vision of the world and of ourselves.*

**About Heidi Duckler Dance:**

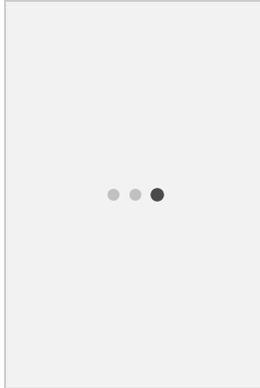
Founded in 1985, Heidi Duckler Dance (HDD) continues to redefine the relationship between audience and art. HDD has developed a participatory and transparent practice in which each project is generated in collaboration with the community it serves.

Over the past 35 years, HDD has produced over 400 original works locally, nationally and internationally, creating interdisciplinary performances in many iconic locations, including: the Ambassador Hotel, LA City Hall, Van Nuys Flyaway Bus Terminal, Dunbar Hotel and on the Tall Ships at the Port of LA and in many diverse LA neighborhoods, including: Downtown LA (the Historic Core, Arts District, Produce District and Fashion District), Boyle Heights, Koreatown, Studio City, Van Nuys, Hollywood, Venice, San Pedro and South LA – as well as cities across the Greater LA Area, including: the Antelope Valley, West Hollywood, Culver City, Santa Monica, Agoura Hills, Ventura, Rancho Palos Verdes, San Bernardino and San Gabriel. Duckler also frequently creates work in Portland, Oregon with HDD's sister company, Heidi Duckler Dance/Northwest.

HDD's programs reach more than 7,500 individuals each year. Its youth arts education programs, established in 2013, have served over 10,000 youth and families at over 25 schools and community centers throughout the City, with an emphasis on low-income communities. HDD is a company of 12 resident artists and 5 staff committed to upholding inclusiveness, consciousness, vulnerability, and connectivity through their craft.

This year HDD was awarded grants for upcoming performances and arts education initiatives including; LA County Arts Commission, California Arts Council, LA Dept of Cultural Affairs, The Ralph Parsons Foundation, National Trust for Historic Preservation, DEW Foundation, California Community Foundation, Annenberg Foundation, and the National Endowment for the Arts.

**Rafael Quintas- Lead Teaching Artist**



Rafael Quintas was born and raised in Brasilia, Brazil. He moved to the U.S. in 2008 to attend Lindenwood University in St. Charles, MO, where he earned degrees in Dance and Mass Communication – Radio/TV. Through his studies at Lindenwood University he discovered his passion for choreography and teaching.

Quintas arrived in L.A. in January of 2013. Rafael has been working with Heidi Duckler Dance since 2018 as a teaching artist and performer. Rafael taught regular classes at EDGE Performing Arts Center for 3 years and has many times been a sub teacher at Movement Lifestyle. He has choreographed for multiple dance events in the Los Angeles area and most recently started creating and directing dance films. In his classes and movement, he strives for the dancers to completely let go while being fully aware. To help people discover themselves, to release their fears, to explore the uncomfortable, to release through movement to guide people to self-love.

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